

























Senior Program

April 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Walking Club Mahjong GYM CLOSED No Table Tennis	2 Timeless Travels <hr/> Tech Hour 	3  Bunco GYM CLOSED No Table Tennis	4 Line Dancing 	5  GYM CLOSED No Pickleball
8  Walking Club Table Tennis Mahjong	9 Chair Fitness 	10  Age Well Drive Smart Presentation Bunco Table Tennis	11 Line Dancing 	12   PICKLEBALL
15  Walking Club Table Tennis Mahjong	16 Chair Fitness 	17  Bunco Table Tennis	18 Line Dancing 	19   PICKLEBALL
22  Walking Club Table Tennis Mahjong	23 Chair Fitness 	24  Bunco Table Tennis	25 Line Dancing 	26   PICKLEBALL
29  Walking Club Table Tennis Mahjong	30 Golden Gatherings: Fruit Tarts 			

Monday

8:30 – 10:00 a.m. Senior Walking Club (55+)
9:45 a.m. – 2:00 p.m. Table Tennis (18+)
11:00 a.m. – 2:00 p.m. Mahjong (55+)

Tuesday

9:00 – 10:00 a.m. Timeless Travels (55+) (4/2)
10:00 – 11:00 a.m. Tech Hour (18+) (4/2)
11:45 a.m. - 12:45 p.m. Chair Fitness (55+) (4/9, 4/16, 4/23)
11:00 a.m. - 12:30 p.m. Golden Gatherings (55+) (4/30)

Wednesday

9:00 a.m. – 12:00 p.m. CHP Age Well Drive Smart (4/10)
9:45 a.m. – 2:00 p.m. Table Tennis (18+)
11:00 a.m. - 1:30 p.m. Bunco (55+)

Thursday

10:30 a.m. – 12:00 p.m. Line Dancing (55+)

Friday

9:30 – 11:00 a.m. BINGO (55+)
9:30 – 11:00 a.m. Karaoke (55+) (4/19)
9:45 a.m. – 2:00 p.m. Pickleball (18+)

CHP Age Well Drive Smart Presentation

Age Well Drive Smart, presented by the California Highway Patrol, is an engaging presentation tailored for older California drivers. Attendees can expect guidance on staying safe while driving and exploring alternative transportation solutions, empowering them to make informed choices for their mobility needs.

