

Adventures Daily Schedule EXAMPLE

***Activities are subject to change based on weather, location availability, presentations, etc**

8:30 – 9:10 a.m.	Freeplay with All Groups
9:15 – 9:30 a.m.	Rules
9:35 – 10:20 a.m.	Rotation 1: High Energy Activity in Age Groups
10:25 – 10:50 a.m.	Snack
10:55 – 11:40 a.m.	Rotation 2: High Energy Activity in Age Groups
12:00 – 12:35 p.m.	Lunch
12:40 – 1:25 p.m.	Rotation 2: High Energy Activity in Age Groups
1:30 – 2:15 p.m.	Rotation 3: High Energy Activity in Age Groups
2:20 – 3:05 p.m.	Rotation 4: High Energy Activity in Age Groups
3:10 – 3:35 p.m.	Snack
3:40 – 4:20 p.m.	Rotation 5: Low Energy Activity in Age Groups
4:25 – 5:10 p.m.	Rotation 6: Low Energy Activity in Age Groups
5:15 – 6:00 p.m.	Group Game with All Groups