

## Summer PREPAREDNESS TIPS:



## Prepare for the summer heat by checking the weather and planning accordingly!

- Apply sunscreen and stay hydrated when doing outdoor activities.
- Wear lightweight and light-colored clothing.



## Be aware of water safety!

- Never swim alone! Always watch young or inexperienced swimmers in the pool.
  - Consider signing up new swimmers for swim lessons.

## Watch your grill!

- Never leave your grill unattended.
- Keep young children and pets away from the grill when it is on.



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